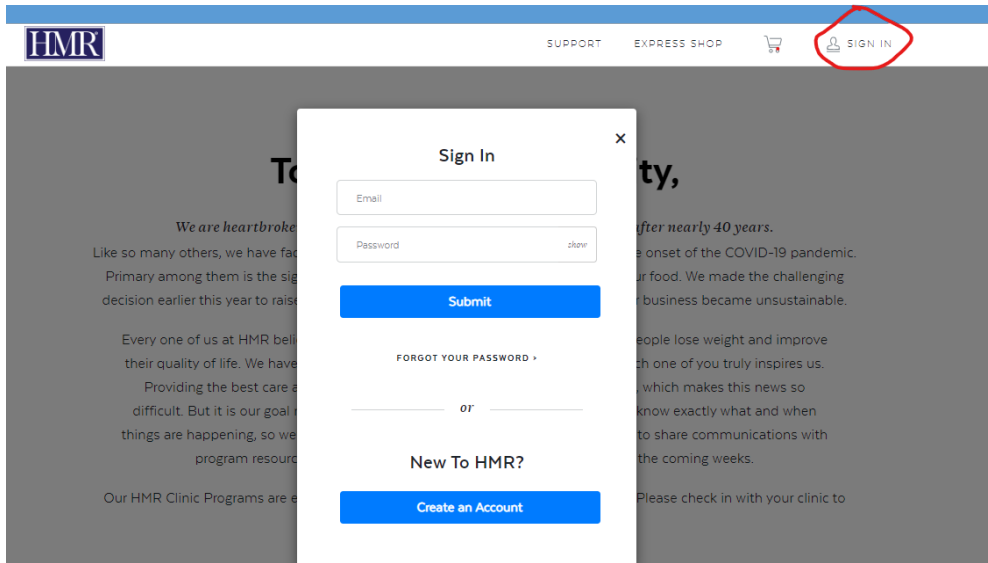


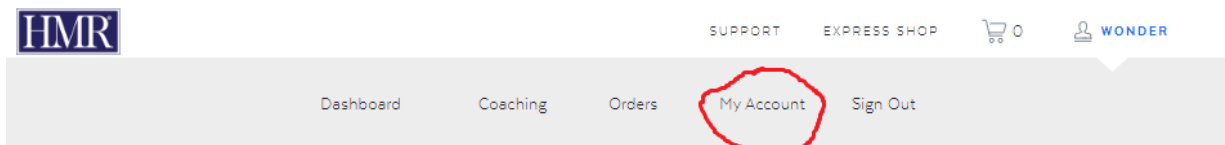


Instructions to download HMR App data

- 1) Log into account on HMRprogram.com (use same email address/ password you use for HMR app)



- 2) Once logged in, click on name and select "My Account" from drop down menu



- 3) Open My Profile Section and click on "Export HMR Historical Data to CSV File"

